

## What is ARMA?

- ARMA is a charitable umbrella organisation providing a collective voice for the arthritis and musculoskeletal community in the UK.
- Our vision is of an effective, unified musculoskeletal community working together to improve the lives of people with all forms of musculoskeletal disorders.
- We have nearly 40 member organisations, including patient-led organisations, national professional bodies and major research charities.
- We work in partnership with our members to shape policy and guidance; identify and disseminate best practice; and work constructively with decision-makers in the NHS and public health throughout the UK.
- We are the UK National Action Network for the Bone and Joint Decade and the UK member for EULAR PARE

## A heritage of excellent work:

- MSK increasingly recognised as a healthcare and public health priority by decision-makers
- Setting up and leading a large-scale project on delivering integrated, person-centred care through MSK clinical networks in England, with the active involvement and support of the National Clinical Director for MSK for England and NHS England's Long-Term Conditions directorate.
- Invited to establish a formal partnership by NHS England, and close working relationships with key external stakeholders including CCG MSK leads and national organisations including National Voices, Coalition for Collaborative Care, the Work Foundation, the Fit For Work Coalition, the Chronic Pain Policy Coalition and the Medical Technologies Group.
- An annual ARMA lecture: this year's was the 7<sup>th</sup>, with Professor John Newton (Chief Knowledge Officer, Public Health England) as our keynote speaker
- Organised and hosted the first-ever [MSK World Summit](#) in October 2014.
- ARMA has produced a range of documents including:
  - The ARMA Work Charter
  - *Joint Working? And Joint Delivery?* audit reports
  - The Musculoskeletal Map of England and Musculoskeletal Map of Scotland
  - Standards of Care covering 9 musculoskeletal areas
  - Commissioning guidance
- Actively involved in producing the DH Musculoskeletal Services Framework
- Working with NICE, Scottish Medicine Consortium and the National Audit Office to produce indicators and Quality Standards on musculoskeletal disorders and to improve access to treatment A growing, varied and dynamic membership
- ARMA members regularly discuss and actively participate in joint actions, influencing and campaigning and benefit from being part of a strong, multidisciplinary alliance speaking with one voice.

## ARMA membership entitles your organisation to attend the following meetings and events

- AGM, including presentations from key opinion leaders, e.g. Jacquie White, NHS England; Prof. Sir Muir Gray, Honorary Professor, Nuffield Department of Primary Care Health Sciences, University of Oxford; Dr. Partha Kar, Clinical Director Diabetes, Portsmouth Hospitals NHS Trust

- ARMA annual lecture. Speakers have included:

**2012:** Dr. Martin McShane, National Medical Director for Long Term Conditions, NHS England

**2013:** Professor Peter Kay, National Clinical Director for Musculoskeletal Conditions; Professor Charles Greenough, National Clinical Director for Spinal Disorders; Professor Chris Moran, National Clinical Director for Trauma

**2014:** Lord Hunt of King's Heath, President of the Royal Society for Public Health

**2015:** Professor John Newton, Chief Knowledge Officer, Public Health England

- Quarterly Chief Executive Meetings
- Regular policy and communications meetings Stakeholder meetings with external partners
- Members can contribute to and also receive a monthly newsletter and regular updates. Members can communicate with a wider audience through the ARMA website.
- Opportunities to attend meetings with key opinion leaders including parliamentary events
- Opportunities to network, share and learn from other organisations active in the MSK field.

#### **Conferences**

- 11 ARMA patient organisation members have the opportunity to exhibit at the BSR's annual Rheumatology conference and exhibit in the ARMA village (a saving of approximately £2000)
- Opportunity to exhibit literature at national and international conferences.

#### **Forthcoming:**

- MSK Clinical Networks – MSK Knowledge Seminar January 2016
- An MSK Knowledge Network online portal
- Global Burden of Disease Study (UK) – new data: Autumn 2015 – ARMA will use the findings of this study to give MSK the visibility that it deserves.
- A potential national campaign
- Systematically capturing knowledge through an ARMA Library and using it to inform advocacy
- Musculoskeletal Health in the workplace, including the ARMA Musculoskeletal Health in the Workplace Charter (as part of the Workplace Wellbeing Charter).