

NEWS FROM BONE & JOINT DECADE – NATIONAL ACTION NETWORK – INDIA

The BJD-NAN-INDIA has been very active since the last 12 years. We have organized several academic meetings and public awareness programmes. The World Congress in Pune in 2008 was a phenomenal success.



With the aims of spreading the message of the Bone & Joint Decade movement to various parts of India, the National Action Network-India decided to organize a National Conference of BJD-NAN-INDIA in the heart of India – Jabalpur (in the State of Madhya Pradesh). Jabalpur is world famous for its Marble Rocks on the banks of Narmada River and has several Wild Life Sanctuaries attracting tourists from all over the world for Tiger Safaris.

The event was organized on 22nd & 23rd February 2014 by the Department of Orthopaedics, N.S.C.B. Medical College, Jabalpur and co-hosted by the Jabalpur Orthopaedic Association. The conference was inaugurated by Prof. D.P. Lokwani, Vice-Chancellor of Medical University of Madhya Pradesh State. Prof. S.S. Babhulkar, Chairman of BJD-NAN-INDIA, Dr. G.S. Choubey, President M.P. Chapter of Indian Orthopaedic Association and Prof. P.K. Kasar, Supdt of Medical College Hospital, Jabalpur were the guests of honour.

There were three sessions on the first day. Session one was on Osteoporosis. Dr. Abhay Shrivastava (Orthopaedic Surgeon Jabalpur), Prof. Rooplekha Chouhan (Prof. of Gynaec, Jabalpur), Dr. Richa Dhawan (Rheumatologist, USA), Prof. S.S. Babhulkar (Nagpur), Dr. J.A. Pachore (Joint Replacement Surgeon, Ahmedabad), Dr. Ashok Vidyarthi (Assoc. Prof. Orthopaedics, Jabalpur), Dr. Ganesh Joshi (Senior Physiatrist, Bhopal), Dr. Anant Kumar Singh (Senior Registrar Raipur) and Dr. Pradeep Sigedar, Orthopaedic Surgeon, Jalna) spoke on various aspects of Osteoporosis – epidemiology, prevention and management. The second session was a Workshop on “Fixation of fragility fractures”. The faculty included Prof. S.S. Babhulkar, Dr. Jamal Ashraf, Dr. Rajeev Bhandari, Dr. Aochin Verma, Dr. Abhay Shrivastava and Dr. Rehan-ul-Haq.

The afternoon session was on Rheumatoid Arthritis. Dr. Mahendranath (Former Chairman of BJD-NAN-INDIA) spoke on Management principles/Role of DMARDs; Dr. Arvind Chopra (Senior Rheumatologist and Former Secretary General BJD-NAN-INDIA) spoke on Management of early RA/Biologics: an overview, Dr. Babhulkar spoke of Role of Surgery, Prof. P.P. Kotwal (Head of Department of Orthopaedics, AIIMS New Delhi) spoke on Surgery for Rheumatoid Hand, and Dr. Rehan-ul-Haq (Assoc. Prof. of Orthopaedics, New Delhi) spoke on Multi Disciplinary approach to the management of R.A. A grand gala social program was organized in the evening for all delegates to loosen up after hectic day of academics.



On Sunday 23rd February 2014 the first session was on road safety which was attended by members from several organizations of the city along with College and School Students. The speakers included Mr. Arvind Asati (Social Worker), Mr. Deepak Thakur (School Teacher), Prof. Dinesh Mohan (Prof. Emeritus, IIT and an Internationally known expert on road engineering, New Delhi), Mr. D.L. Tiwari (Deputy Superintendent Traffic Police Jabalpur), Mr. S.S. Lalli (Deputy Superintendent Human Rights Commission, Bhopal), Prof. H.S. Verma (Professor of Orthopaedics, Jabalpur), Dr. B.K. Dang

(Orthopaedic Surgeon, Jabalpur), Dr. Sudhir Tiwari (President Indian Medical Association, Jabalpur Branch). All participants, especially from the general public were very happy at this high standard of lectures delivered by a galaxy of speakers.

The last session was on “Care of the Injured”, Lectures on the Concept of the Golden Hour (Prof. H.K.T. Raza, Secretary General, BJD-NAN-INDIA), “ Poly trauma: Proper early management to minimize permanent physical disability” (Dr. S. Bannerji, Orthopaedic Surgeon, Jabalpur), and Damage Control Orthopaedics, (Prof. Alok.C.Agrawal, Head of Orthopaedics, AIIMS, Raipur) were delivered to huge round of applause and appreciation, especially by office bearers of several organization who requested such lectures to be delivered in future in their own organizations.

The highlight of the second day was a four kilometre Public Awareness Rally flagged off by Superintendent of Police, Jabalpur District in the presence of Prof. D.P. Lokwani, Prof. Dinesh Mohan, Prof. H.K.T. Raza and office bearers of several organizations. Pamphlets on “road safety” were distributed enroute



All the events were covered very well by the local press. We feel this format of a two day event in other parts of the country will be of immense help to make public aware of musculoskeletal disorders and their prevention.

Prof. H.K.T. Raza
Secretary General
BJD-NAN-INDIA