



International
Osteoporosis
Foundation



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THE PAKISTAN SOCIETY
FOR THE REHABILITATION OF THE DISABLED
REGD. 1957

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EDITOR PSRD NEWS
Ghazala Hameed

Performance at a Glance JANUARY - MARCH, 2013

Hospital (Out Patient and In Patient Record)

6746 patients registered and categorized in A-E category.

'E' Category treated free.

6103 patients examined by Medical Officer.

1272 'E' Category patients treated free.

256 staff and 68 PSRD High School Students given free medical treatment.

1410 surgeries conducted.

2895 X-Rays done.

1336 Laboratory Tests.

Occupational Therapy and Speech Therapy Unit

209 patients attended by Occupational Therapist

442 treatment sessions given.

65 patients attended by Speech Therapist.

113 treatment sessions given.

Skill Development Unit

28 trainees trained in various Arts & Craft unit.

Rs. 355,963/- income generated from Arts & Craft Section.

26 trainees trained in Tailoring Section.

Rs. 666,096/- income generated from Tailoring Section.

31 students trained in Computer Training Courses.

10 students completed Cell Phone Repairing Course.

Physiotherapy Unit

1883 patients attended by Physiotherapist.

15340 treatments given.

112 PSRD High School Students treated.

Orthotic and Prosthetic Unit

919 patients attended.

1078 appliances manufactured.

952 appliances delivered

Vocational Rehabilitation Centre

21 disabled persons given loan of

Rs. 680,000/-

PSRD High School

No. of Students: **199**

ANNUAL GENERAL MEETING

General Body Meeting was held on Saturday, 22nd February 2014. Following recitation from the Holy Quran, fateha was offered for members and for relatives of members, who had passed away during the year. Mrs. Ghazala Hameed, Vice President, was requested to give a brief tribute honouring Mrs. M. H. Sherazee S.I. (Late) and Brig. A. Qayyum Sher, HJ (Late). In her tribute, Mrs. Hameed highlighted the outstanding services rendered by late Mrs. Sherazee, throughout her life and especially for PSRD. She had served as President PSRD from 1992-2012. Her inspirational, motivational and dedicated leadership during this time was invaluable to PSRD and she was the moving spirit behind all that PSRD achieved during the last many years. For PSRD her loss is irreplaceable. Brig. Abdul Qayyum Sher, HJ (Late) who passed away on 26h August, 2013, served PSRD for over 29 years with great dedication, sincerity and enthusiasm. His services in O & P centre were outstanding and resulted in making it a professional set up. He will be greatly missed.

Mrs. Hameed also praised the efforts being made by Mr. Parvez Masud as President PSRD.

Following the tributes the agenda was taken up. Minutes of the last General Body Meeting were reviewed and confirmed.



General Secretary, Mrs. Parveen Umar, presented the Annual Review for 2012-2013, which highlighted the progress being made by all units of PSRD. Over 30,000 patients were registered and assessed in OPD, almost 5000 surgical procedures were carried out in hospital, more than 4000 appliances were manufactured and fitted in O & P Centre and over 6000 patients were treated in Physiotherapy Centre. She appreciated the services of all the volunteers who are not members of the Executive Committee. She thanked all the donors for their encouragement and support throughout the year.

Treasurer, Col. Bakhtiar, presented the Audit Report of the Accounts including Profit and Loss Account and Balance Sheet for 2012-2013 and Annual Budget for 2013-2014. He was pleased to inform the General Body members that overall, the financial position of the Society remained satisfactory throughout the year. Two new members were approved. Messrs. Khalid & company, chartered Accountants were approved as auditors for the year 2013-2014. The House unanimously approved the panel of following office bearers and members of Executive Committee for a further term of two years.

Office Bearers:

Mr. Muhammad Parvez Masud	President
Mr. Inayatullah	Sr. Vice President
Mrs. Ghazala Hameed	Vice President
Mrs. Rehana Maroof Baray	Vice President
Mrs. Parveen Umar	General Secretary
Lt. Col® Muhammad Bakhtiar	Treasurer
Mrs. Parveen Malik	Secretary
Mrs. Samina Salman	Joint Secretary

Executive Committee Members:

Mrs. Asma Waziri
Dr. Altaf Hussain
Mrs. Aqeela Saeed Shamsi
Dr. Azra Ihsan ur Rehman Khan
Ms. Ferhana Qayum Sher
Mrs. Khalda Rahim
Mrs. Mamoona Mustansar
Mr. Muhammad Saeed Shamsi
Mrs. Naureen Latif Siddiqui
Ms. Nighat Saeed
Mrs. Rubina Imtiaz
Mrs. Tanvir Zia Kazmi
Mrs. Zahida Feisal Beig



In his closing address President PSRD, Mr. Parvez Masud welcomed the new members to PSRD and the new members on the Executive Committee. He highlighted some of the significant events which took place in 2013 including the newly renovated Occupational Therapy and Speech Therapy Centre and the Private Consultant Clinic and thanked Mrs. Rehana Baray, Mrs. Parveen Malik and Mrs. Naureen Latif Siddiqui for their help in this. ALTSO project for provision of free appliances to children was approved for the fourth year running. Burki Project for Child Health completed its first year and is making a big difference to children living in Burki. Single fee structure was introduced in OPD to facilitate the patients. PSRD website has been upgraded and Facebook page has been launched. Internal control mechanisms including policies and manuals for more effective management have been instituted. He also mentioned the participation by Mrs. Ghazala Hameed in the

Rehabilitation International General Assembly and Commission Meetings in New York, U.S.A. and in the High Level Meeting on Disability and Development at the United Nations in September 2013. PSRD observed the International Day of Persons with Disabilities with a colourful function in December 2013 which was graced by Mr. Muhammad Sarwar, Governor Punjab as Chief Guest. A filtration plant for clean drinking water was promised by him for the hospital and school.

With regard to future plans, the President informed the members about the much needed renovation of the Hospital which is a major project and will be done in phases and for which funds are being raised. In the end he thanked everyone for attending the meeting, the Executive Committee Members, Volunteers, PSRD staff for their efforts throughout the year, and the donors without whose support these achievements would not be possible.

| ACTIVITIES |

Boy Scouts Regional Office Lahore arranged a two day training workshop at PSRD High School. Mr. Rahat Ali Jaffery (Secretary Boy Scouts) and two officials conducted the workshop. Boy scouts of PSRD High School and National Institute of Special Education, Johar Town attended the workshop.

Eighty students of PSRD School, along with 5 teachers, attended a Winter Carnival in Ladies Club Model Town on 2nd February, 2014. They enjoyed the puppet show, games and delicious eatables.



Punjab Welfare Trust for the Disabled and Rotary Club arranged a funfair for special children on 2nd February, 2014 at Railway Stadium, Mughalpura. Thirty students along with a teacher participated in this event. The Governor Rotary Club announced an award of Rs. 10,000 for PSRD.



Four students and the coach, Mr. Iftikhar ali participated in the Punjab Youth Festival on 16th February 2014. Nawaz Rashid, student of Class 9th got 2nd position in wheel chair race.

Fifty students along with seven teachers visited the Governor House on 24th February 2014 at the invitation of the Governor. They enjoyed the trip and were very impressed by the beautiful grounds and building. They were very excited to meet the Governor.



Punjab Welfare Trust for the Disabled celebrated the annual Sports Day for Special Persons on 25th February 2014 at Model Town Football Club. Thirty students along with two teachers attended the event. Students of PSRD High School got two 1st positions, three 2nd positions and three 3rd positions in different competitions.

Students from Beaconhouse participated in an internship program at PSRD High School. They interacted with the students and organized interesting activities for them.

Roshni Association Lahore Cantt arranged an art competition "Paint for Roshni" on 13th March, 2014. PSRD High School students got 1st, 2nd and 3rd position in in Physical Disability category and one painting was selected for Art Competition.

PSRD students are also doing well academically. Annual result of PSRD High School was announced on 22nd March, 2014. 179 students appeared and the pass percentage was 92%.

Ms. Nadia Hussain, Occupational Therapist and Ms. Madiha Maqsood, Speech Therapist of Occupational and Speech Therapy Centre participated in First International Conference on Rehabilitation Sciences at PC Hotel Lahore, organised by Riphah International University on 14-16 march, 2014.

PAKISTAN DAY

Pakistan Day was celebrated with great zeal and enthusiasm on on 22nd March, 2014. Dr. Ambreen Raza, Secretary Special Education, Govt. Of Punjab was the chief guest. Executive Committee members and parents of school students were also invited. A beautiful programme was presented by the students. Dr. Raza along with Mr. Parvez Masud distributed prizes among position holders in the annual examination.



VISIT OF WRF BOARD MEMBER

Dr Marilyn Moffatt, Board Member of World Rehabilitation Fund and faculty member of NYU, USA, visited Lahore in March. Mr. Parvez Masud and Mrs. Ghazala Hameed held a meeting with her at the PC Hotel where they apprised her of the important work that PSRD is doing to rehabilitate people with physical disabilities. Future projects to be undertaken and other matters of mutual interest were also discussed.

PSRD OLD STUDENTS ASSOCIATION ANNIVERSARY & ANNUAL Dinner

Annual Day function of PSRD Old Students Association was celebrated on 19th March with an entertaining program. Mr. Ijaz Gul advisor Chief Minister Punjab for Sports and Olympics Punjab was a chief guest.



ALTSO PROJECT

ALTSO project has entered its 4th year. For the year 2014 contribution has been enhanced. 495 children benefitted from this project from 2011-2013. The target for 2014 is 250 children. This quarter 76 children have been fitted with artificial appliances. PSRD and the young patients are very grateful for ALTSO support.

BURKI PROJECT

BURKI PROJECT has been approved for a second year. We are very thankful to the donor, Mr. Ali Raheem for supporting this project which is making a big difference to the lives of poor children living in and around Burki. We are also grateful to World Rehabilitation Fund and The PSRD Foundation for facilitating the project. For 2014 a small component for maternal health has also been included.

In the first quarter of 2014, 55 children benefitted with free treatment. Out of these 18 were old patients and 37 were new patients. Final corrective surgery was carried out on Hamid who was born with one leg 5" shorter than the other. Two children suffering from Cerebral Palsy who had severe mobility issues were given wheelchairs. They and their parents were very happy and grateful.



Under the Maternal Health component twenty nine women were treated. More than 50% of the women were suffering from arthritis and other musculo skeletal problems. They are being treated with medicines and physiotherapy. Antenatal care is being provided to 13 women who have been advised to go to a proper medical facility for delivery.

SUCCESS STORY

Laiba, d/o of Mohammad Ahmad, 12 years old from village Bhogiwal, Baghbanpura had severe pain in her back. She was referred to PSRD. Dr. Javed Iqqal, Sr. Surgeon checked her and advised X-ray and blood test. After seeing the reports, AFO Boston Brace was suggested. Within one week it was fitted. Now she can walk and has started going to school again. Her parents are very happy and are thankful to PSRD and the doctors.



OBITUARY

Store Keeper, Mr. Ghulam Rasool passed away after a fatal traffic accident. He had worked for PSRD for a decade. May Almighty Allah rest his soul in peace.

| MAJOR DONORS |

- ❖ Nazish Shoor Hassan
- ❖ Maqsood Ahmad
- ❖ National Welfare Organization
- ❖ Marium Bilal Patail
- ❖ Mrs. Fariha Sheikh
- ❖ Jahangir Mirza
- ❖ Mrs. Tahira M. Zakria
- ❖ Mohammad Asif
- ❖ Muhammad Zubair
- ❖ Sara Khan
- ❖ Ch. Atif Sohail C/O Dr. Rauf Ahmad
- ❖ Mr. Amar Hameed & Mrs. Ghazala Hameed



I WANT TO BE A LAWYER
Ali Murtaza, 11 yrs



I WANT TO BE A LAWYER
Fareeha, 16 yrs



I WANT TO BE A DOCTOR
Arqam, 10 yrs

Fareeha, Arqam and Ali Murtaza also have dreams, like all other children.

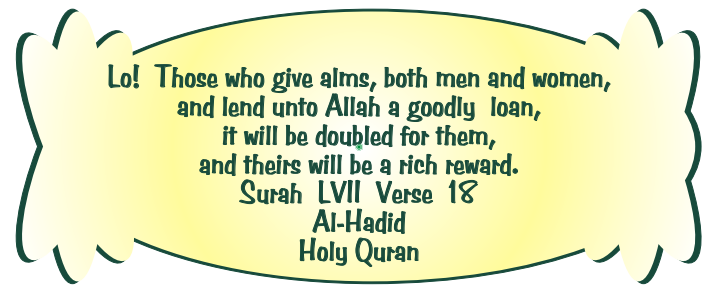
Unlike other children, they have a much harder journey. Fareeha's legs were crushed in a tragic fall from the roof of her house leaving her in a wheelchair. Arqam was born without upper limbs. Each day is a challenge for him and he has to use his feet for all the tasks which we would normally perform with our hands even writing with his feet. Ali Murtaza, who is a position holder studying in Class 5, also has difficulty in doing even the most simple tasks. He was electrocuted when he was very small as a result of which one hand is disfigured and the other had to be amputated. For him also life is a challenge.

Although we cannot make their personal tribulations easier, we are doing our best to make sure that one very important part of their journey is taken care of. **Their education.**

Free tuition, free pick and drop from their homes, free books, free nutritious meals mean that they and their parents do not have to worry about this. While they are at PSRD, all their **medical and therapeutic treatments and surgeries are also taken care of.**

There are many more children like Fareeha, Arqam and Ali Murtaza who need our help.
PLEASE SUPPORT US SO THAT WE CAN HELP THEM.

Your **ZAKAT, SADAQAT and FITRAAT** are important to us. All donations, big or small go a long way to help a child in need.



Last year (2012 - 2013) we were able to provide 25,118 new patients with subsidized treatment while 4982 patients were given treatment free of cost. In addition 4076 deserving patients were provided free appliances by the Limb Centre.

Concession given to Patients this quarter

Total Concession given to deserving patients
Rs. 5,938,994/-

Sadqa meat received and distributed to poor deserving people and other charitable organizations.
Kg. 3628

We thank all our donors for their generous support

PSRD is registered under the Voluntary Social Welfare Agencies (Registration & Control) Ordinance 1961 vide Registration No. DSW/127 of 3rd July, 1963. The Society is also registered under the Societies Registration Act, XXI of 1860 vide No. 38 LR of 1959 1960 on 2nd October, 1959.

All donations are exempt from tax. Our accounts are audited yearly by M/s Naveed Zafar Hussain Jaffery & Co. Chartered Accountants.

PSRD has been certified for its professional management by PCP.

آپ کی زکوٰۃ ان کے مستقبل کی اُمید

WAYS TO DONATE

Cash: Cash at PSRD account office

Wire Line Transfers

Account Title: The Pakistan Society for the Rehabilitation of the Disabled

Account # : Pak Rs. 18-7941277-01
\$ 05-7941285-90

Bank : Standard Chartered Bank, Tufail Road, Lahore Cantt

Swift Code : SCBLPKKX

Bank Draft / Cheque

Bank Draft made payable to "PSRD"
Post or deposit your cheque at:

PSRD

111-Ferozpur Road, Lahore -54000
Or

At any branch of Habib Bank Ltd.

Account # : 04440036097303

Donation made by donor in USA
be mailed to

WORLD REHABILITATION FUND INC.

(PSRD Lahore)

Suite 704, 16 East 40th Street,
New York, NY 10016, USA

**With a copy of the donation
cheque sent to:**

TPF

P.O. Box 3588, Princeton,
NJ 08543, USA

Give zakat and make a difference



Name: _____

Address: _____

E-mail: _____ **Telephone:** _____

Amount donated: _____ **Donation** **Zakat**

I am enclosing a cheque for Rs. _____

All donations must be in the form of crossed cheque in favour of "THE PAKISTAN SOCIETY FOR THE REHABILITATION OF THE DISABLED"

Please send your Contribution to:

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