



ANNUAL REPORT OF THE HUNGARIAN NAN 2015-16

The priority of the Hungarian NAN in 2015-16 is the integrated care and rehabilitation of patients of MSD and comorbidities.

The Hungarian NAN participates:

- In research work studying the **comorbidities of patients with polyarticular osteoarthritis** compared to age and gender matched controls. Presently we work up the data of the first 200 patients and 200 controls.
- The results of the first 100 patients and controls were presented at the National **Obesitology Congress**, Budapest 2016.
- The Hungarian NAN together with the Hungarian Academy of Sciences organized a one day conference about ***“Traditions and New Results in the Treatment of Musculoskeletal Injuries and Diseases”*** under the patronage of the President of Hungary, János ÁDER. The Conference was organized by Professor László HANGODY, and Géza BÁLINT, both Ambassadors of the BJD and was focused on the integrated care of musculoskeletal injuries and diseases. In his message the President of Hungary emphasized the increasing number of musculoskeletal injuries and diseases, the latter due not only to ageing of the population, but to the unhealthy lifestyle and poor physical activity of people. “The rheumatologists and musculoskeletal surgeons have a very important task also in developing up-to-date methods, surgical techniques, and sharing new results. This is the aim of the present conference and I wish successful conference for all the participants.”
- **The Medical Sciences Department of the Hungarian Academy of Sciences invited the National Coordinator, Geza BALINT to take part in the Working Group of the Academy formed to work on the Hungarian Health System Reform.**
- The Hungarian NAN is involved in publishing a **handbook for nurses taking part in medical rehabilitation** titled Textbook of Rehabilitation of Disabled with Musculoskeletal and Neurological injuries and diseases.
- Also a chapter in a **new textbook of obesitology**, titled: Obesity and Musculoskeletal Diseases.
- This year the Hungarian NAN organized also the **REHA Hungary** at the Semmelweis University, Budapest the participants of which were mostly physiotherapists. The topic of this year was Rehabilitation of elderly multimorbid patients.

The Coordinator of the Hungarian NAN, Dr Geza BALINT was **awarded** by one of the highest Hungarian State Awards, the Order of Merit of Hungary by János ÁDER, the President of Hungary for his medical life-career, including his activities in the Bone and Joint Decades.

The **plans** of the Hungarian NAN for 2017 are:

- Further research of comorbidities of polyarticular osteoarthritis
- Fight against obesity and physical inactivity, especially of young people both on professional and social level.

Budapest, the 22nd of July 2016.

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